



REGIONE AUTONOMA  
DE SARDIGNA  
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DELLA SARDEGNA



# CaBuReRa

Capacity Building Relay Race



# What is CaBuReRa?

**Capacity Building Relay Race – CaBuReRa** is an ENPI CBC MED 2-year project promoting the collaboration among Mediterranean territories. It aims at contributing to reduce youth unemployment by offering mobility opportunities for the professional development of young people.

Our aims:

- To promote collaboration among Mediterranean territories through mobility and professional development of 90 young people;
- To support the development of civil society organizations and local authorities;
- To promote active citizenship and intercultural dialogue while supporting networking at Mediterranean level.

# Our Target groups

The project will involve **90 people (30 youth workers and 60 young unemployed)** offering them the opportunity to live a professional experience abroad and provide with training in project cycle management, foreign language, management of projects with local organisations, etc.

At the same time, the project will support the development of **civil society organisations** and public authorities promoting networking both at local and international level.

# Partners

- CESIE - Sicilia – Italia
- Regione Sicilia - Sicilia - Italia
- Kendro Merimnas Oikoyenias kai Pediou (KMOP) - Attiki – Grecia
- Portuguese Association for Young Entrepreneurs (ANJE)- Algarve – Portogallo
- Al-Hayat Center for Civil Society Development - Irbid - Giordania
- Union of municipalities of Hermel - Libano - Libano
- Juhoud for community and Local Development – Autorità Palestinese - Autorità Palestinese



# Why CaBuReRa?

The **International mobility experience** is now considered as a new **non formal education opportunity** for people to gain new experience and new personal and professional skills and thus to promote their social and professional carrier. So **participating in a mobility experience is a concrete, real and enriching tool** for the young people, the local community and partners who will all receive and give expertise, knowledge, experience and feelings.

The **intercultural dialogue and the community development** are the most important tools to achieve the project objectives.



# Our Methodology

- **Non-formal education & Learning By Doing:** It's a way of learning by experiencing directly on the field, putting into practice ideas and overcoming difficulties and challenges.
- **Peer education:** Peer education is not based on a top-down communication but on sharing of responsibilities and opinions.



# Main activities:

- **Mobility of 90 young people** (30 youth workers and 60 young unemployed) to be involved in a mobility experience of 4 and 3 months period;
- **Relay Race**, exchange and training among participants in each partners' countries;
- **2-months internship** for 60 young unemployed in their country of origin;
- Active **involvement of local organizations** to wide their dimension to the Mediterranean area through collaboration;
- **CaBuReRa Platform**, an interactive tool that you can consult to interact with participants, leave your idea, learn more about project management, policies and funding opportunities at Euro-Mediterranean level;
- Local and International **dissemination seminars**;
- **Handbook on project management** at Euro-Mediterranean level developed by the participant

# CaBuReRa Steps

## A 4.1 Recruitment of TG1, TG2 and Local Organisation

- Informative Meetings in each country
- Call for participants TG1 & TG2
- Call for Local Organisation

## A 4.3 4-months mobility period (TG1)

- From November 2014 to March 2015

## A 2.4 Dissemination seminars

- Event of dissemination organised by TG1





# CaBuReRa Steps

## A 4.4 Relay Race

- Pass the baton!

## A 4.5 3-months mobility TG2

- From May to August 2015

## A 2.4 Dissemination seminars

- Event of dissemination organised by TG2 (high schools and VET institutions)

## A 4.6 Mentoring

- The TG1 are mentoring online and face to face the TG2



# CaBuReRa steps

## Final Evaluation at national level

- In september

## A 4.8 3-month internship

- From September to November 2015

## A 2.5 Publication of the Handbook

- Between October and November

## Certificates

- For both TG1 and TG2





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